DUTYCARE

HONORING THE HEALER

Participants in this one day training will have opportunities to learn about self care, as well as to brainstorm strategies to develop professional resilience.

- Learn about self-care •
- Find solutions to manage compassion fatigue, vicarious trauma, and/or burnout
 - Improve professional well being
 - Explore ways to manage stress

Healthcare, Early Childhood Education, Family Support and Mental Health professionals supporting military families are invited.

July 14 and 15, 2010 Hilton Garden Inn 5300 South Grand Circle Sioux Falls, SD 57108

Register for this training online at www.zerotothree.org/ctamf

For Registration Questions, Contact: Secely Smith 202-638-1144

ssmith@zerotothree.org

This is a free training for professionals. Materials and food will be provided. CEU's available.

